



**PERSONAL, MILITARY STYLE
TRAINING TO ACHIEVE YOUR GOALS!
JUST 30 DAYS, WE WILL CHANGE YOUR LIFE!**

LOCATIONS:

ALPHA / BRAVO CO.

6751 S 900 E

MIDVALE, UT 84047

EMAIL US: info@bootcampwithjess.com

CALL US: (801) 205-3398 or (801) 419-2330

FRIEND US: Bootcamp with Jess Midvale

Pricing see pg. 2

Installments available

VISIT OUR WEB SITE: @ www.bootcampwithjess.com

YOU, THE CONSUMER, MAY CANCEL THIS CONTRACT/AGREEMENT AT ANYTIME PRIOR TO MIDNIGHT OF THE THIRD BUSINESS DAY AFTER THE DATE ON WHICH THE CONTRACT/AGREEMENT IS EXECUTED.

Date _____

Referred by: _____

Ask about our referral program. Get free training!

Past PT's NO MORE 30lb VEST!

EQUIPMENT NEEDED (MANDANTORY)

- ◆GOOD FOOT GEAR (cleaned of any grass or debris)
- ◆WATER (120 oz min daily)
- ◆SMALL TOWEL

ENROLLMENT PRICING

Monday – Friday

12-Week Phase \$675* Best value

6-Week Phase: \$430*

4-Week Phase: \$375*

*above prices include our 21-week MPRE nutritional meal plan

6-Week Phase: \$405 (without MPRE)

4-Week Phase \$350 (without MPRE)

Split Phase (2-day per week) without MPRE. May purchase separately for \$30.

6-Week phase: \$215

4-Week phase \$185

Weekly rate: \$75

Combat Spin

10-class punch pass \$75

Single class \$10

Payment types: Cash / Check / Credit / Debit Card / PayPal / Venmo: Jesse Thomas
@bootcampstrong.

Checks made to Bootcamp with Jess. A \$20.00 fee will be charged on all return checks.

A total of (3) day(s) of make-up time is allowed **only for sickness, injury or when the Instructor cannot conduct training**. This time will be made up at the end of your original ETS (exact time of separation) date. Dates and times need to be coordinated with the Instructor for availability. Please let Instructor know of any vacation time or traveling time so we can accommodate. **No makeup time will be allowed for any other missed days without prior consent. No makeup time will be allowed on discounted sessions or specials. Please advise Instructor of any other days you may need to miss. Holidays observed: New Years, Memorial Day, July 4th, Labor Day, Thanksgiving Day and Christmas.**

IF BOOTCAMP W/ JESS P.T. WITH A PURPOSE CEASES OPERATION AND FAILS TO OFFER AN ALTERNATE LOCATION WITHIN FIVE (5) MILES, NO FURTHER PAYMENTS UNDER THIS CONTRACT/AGREEMENT SHALL BE DUE TO ANYONE, INCLUDING ANY PURCHASER OF ANY NOTE ASSOCIATED WITH OR CONTAINED IN THIS CONTRACT/AGREEMENT.

ANY PAYMENTS DUE INCLUDING DOWN PAYMENTS, ENROLLMENT FEES, ARE IN EQUAL INSTALLMENTS ACCORDING TO THE RULES AND REGULATIONS.

TERM OF ENROLLMENT IS BASED ON 5 TO 30 TRAINING DAYS.

Items of equipment or services provided by Bootcamp with Jess P.T. with a purpose are subject to deletion or change at the discretion of Bootcamp with Jess P.T. with a purpose.

P. T. Signature _____

Date _____

ACKNOWLEDGMENT:

If you have health issues you need written permission from your physician.

This will be no doubt the most challenging training of your life. Once your 30 training days are completed, you need to modify your lifestyle “for life” and continue your healthy life so you can keep your shoulders back and chin up. ALWAYS remember who you are!

I, _____, hereby acknowledge that I have read the foregoing Packet of information, specifically; Rules and Regulations, Training Schedule, Assumption of Risk and Risk of Accident, and filled out the Health History Questionnaire to the best of my knowledge and ability and further acknowledge the following:

1. I understand that if at any time during the training I experience any type of physical, mental or emotional problems with regard to the strenuous activity I will immediately notify the Instructor of the issue and have the right to withdraw from the program.
2. I understand failure to notify the Instructor could result in physical harm to me and fully understand that this is my own responsibility. I acknowledge that I have listed all health problems or issues on the medical questionnaire and/or completely described my condition. I understand that my failure to address any medical issue could result in physical harm to myself and I accept full responsibility for said; unless such activity is due to defective equipment which Bootcamp with Jess was aware of or with reasonable inspection would have been aware of.

DATE: _____

SIGNATURE: _____

**ASSUMPTION OF RISK
AND
RISK OF ACCIDENT**

Bootcamp with Jess recommends but not mandatory, all trainee(s) obtain a physical examination from his or her physician prior to training. In recognition of the hazards connected with any physical activity, trainee(s) hereby knowingly and voluntarily waive(s) any cause of action of any kind whatsoever arising as the result of such activity from which any liability may or could accrue. Any trainee(s) using the equipment, or the facilities does so at their own risk. It is further agreed that all exercises including the use of weights, number of repetitions, and use of any and all machinery, equipment, and apparatus designed for exercising shall be at the trainee(s) sole risk. It is also understood that training will sometimes require traveling to specific locations said travel is the specific requirement of the P.T. and not the responsibility of Bootcamp with Jess. P.T. specifically agrees to indemnify Bootcamp w/ Jess for any cause of action other actions in direct connection with of the foregoing including reimbursement for attorneys' fees and costs and other requested relief.

By signing below, I state that I have read and understand the assumption of risk and risk of accident and that I voluntarily waive(s) any cause of action of any kind.

Print Name

Date

Signature

Home Address

City,

State

Zip

Cell Phone #

Alt phone #

Email address

Emergency Contact / Phone #

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. **COVID-19 is extremely contagious** and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Bootcamp with Jess (Bootcamp Jess & Company, BCWJ) has put in place preventative measures to reduce the spread of COVID-19; however, Bootcamp with Jess **cannot guarantee** that you or attendees will not become infected with COVID-19. Further, **attending Bootcamp with Jess could increase** your risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending Bootcamp with Jess and that such exposure of infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at Bootcamp with Jess may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Bootcamp with Jess employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, or any kind, that I may experience or incur in connection with my attendance at Bootcamp with Jess or participation in Bootcamp with Jess programming (“Claims”). On my behalf, I hereby release, covenant not to sue, discharge, and hold harmless Bootcamp with Jess, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Bootcamp with Jess, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Bootcamp with Jess program.

Signature Date

Print Name